



My Name is Woody (continued from page 1)

Mi Nombre es Woody (de la página 1)

A newcomer was asking an old timer about all the meeting he attended. The old timer replied that after twenty-five years he still went to five or six meetings a week. The newcomer asked him why he still went to so many after such long sobriety. The old timer replied that he never knew when he was going to hear something he needed to hear.

The other story is about a newcomer reading his fourth step to his sponsor. Everything was going smoothly until he got to one point and stated to stutter and hesitated. After a period of silence the sponsor was able to convince him to go on. He said there is nothing to be embarrassed about. No matter what it was someone had thought of doing it before. There is nothing new out there. The newcomer was finally able to get out that he had screwed a chicken. His sponsor looked at him and in all seriousness asked the newcomer if his chicken had died too. Remember, there is nothing to ashamed of when we were using. Our secrets can kill us.

If reading my story has helped just one person with their sobriety I have been successful.

Believe it or not this has been an abbreviated version. There are many things I have not mentioned as I wasn't asked to write a book. Just to be of service by trying to help another addict. Thank you.

My name is Woody and I'm an addict.

THANK GOD for MY RELAPSE

by Anonymous - Lancaster, CA

I relapsed 5 yrs ago, and today I truly do thank God for that relapse. Yeah, I know this might sound strange but the day I ran into a meeting begging for help, I knew right then and there that it was God. I know God put the two people that were there that morning there for me. It's like instantly, I began to trust God for everything and ever since that day, I have been trusting God for everything, I mean even when I go somewhere, I ask God for guidance, for a new job and you know he always comes through for me. It is the peace that I have today about myself, and everything around me today I know I'm free.

When I first came around these rooms in 1992, I was told that all my beliefs that I had in God had to be changed. In other words, they needed to be thrown out. I didn't know what they meant; I walked around these rooms for 8 yrs clean and sober thinking I was really doing something, ha, ha on me. God was doing it all and I didn't even see it. Then there came my relapse and that lasted for a whole year. To be honest, I didn't believe I'd make it back. Coming back and facing others didn't bother me because when I did come back I was humble. I truly thought I'd die. Now here it is going on 4 years and I owe it all to God. I mean that I owe it all to and must understand God. YOU SEE IT IS GOD WHO DOES ALL THIS, NOT US

Directions to CA: Just go straight to hell and make a u-turn.

In CA there are no losers - just slow winners.



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Cocaine Anonymous

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Table with 2 columns: My Name is Woody - Part II (Continued from last issue) and Mi Nombre es Woody (Parte II) (Seguido de la edición anterior). Content includes text about relapse and recovery.

Being of Service
by Lauri T.

Seindo de Servicio
por Lauri T.

When I first joined Cocaine Anonymous I was told that taking commitments and getting involved in the fellowship was a good way to stay sober. Whether I volunteered or was asked, I became a GSR for one of my regular meetings. Being newly sober at that time, I was willing to do anything that was suggested in order to maintain this new way of life. I researched what my duties would be to better fulfill the GSR position.

The GSR commitment meant that I was to be the representative for my meeting. My responsibilities start with going to every GSO meeting, which, by the way, is held the second Monday of each month. I have to show up at 7:30 p.m., at the start of the meeting, and stay until it finishes around 9:00 p.m. usually, but sometimes later. I have to pick up all handouts, turn in any money donated from my meeting, take notes, and report any information back to my meeting. I also represent the voting power of my meeting. Because the Board Members do not make all the decisions at the GSO, I am the voice on issues concerning the fellowship. In essence, I am your voice.

The GSO meeting can be very tedious at times, but now that I'm more aware and realize how important the GSR commitment is, it's more than tolerable. But above all, it's YOUR meeting and it's YOUR vote. Make your vote count! Be a part of your fellowship!

CA: Being a part of something is more important than being the center of attention.
CA is the only place where you can walk into a room full of strangers and reminisce.
CA: Look for a way in; not for a way out.
CA has no fixed address -- you can take it with you.
CA Groups: A CA group will be judged by the worst behavior of its members.
Before I came to CA I was dead, because I did not know enough to lie down.
Active Alcoholic/addict (as defined by self): A piece of crap that the universe revolves around.
Active Addict: "I may not be much, but I'm all I think about."
Active Alcoholic/Addict: "If I could drink and use like a normal person, I'd drink and use all the time!"
Active Addicts/Alcoholics burn their bridges in front of them.
An active addict/alcoholic is someone who finds something that works and then stops doing it.
An active alcoholic/addict is a man with two feet planted firmly in mid-air.
Non-alcoholics/addicts change their behavior to meet their goals; active alcoholics change their goals to meet their behavior.
An active alcoholic/addict can be in the gutter and still look down on people.
Remember, high bottoms have trap doors.
If the cure works, chances are you have the disease.
Three most dangerous words for an alcoholic/addict: ... "I've been thinking".

H&I Monthly Can Donations Year to Date - Donaciones Recibido del H&I

Meeting Name	Jan	Feb	Mar	Totals
From The Neck Up	\$119.00	\$85.00		\$204.00
Bagels by the Beach	\$31.10	\$68.00	\$51.00	\$150.10
164 Group		\$150.00		\$150.00
Old Timers and Newcomers	\$35.84	\$49.50	\$35.00	\$120.34
Candle Light @ The Twilight Zone	\$30.00	\$27.00	\$25.00	\$82.00
Sisters in Sobriety		\$40.00	\$20.00	\$60.00
Estudios del Libro Grande			\$50.00	\$50.00
A Place for Us All	\$10.00	\$6.00	\$21.00	\$37.00
Grateful in Granada		\$37.00		\$37.00
La Eleccion y el Cambio			\$25.00	\$25.00
We Can Recover		\$12.47		\$12.47
Total Monthly Donations	\$225.94	\$474.97	\$227.00	\$927.91

UPCOMING RECOVERY EVENTS OF CA

The following events have either taken place or are yet to take place and is only a partial list of recovery events sponsored by SFVCA and/or other Areas in the Pacific South Region of CA

SFVCA - EVENTS No special events are scheduled in the SFVCA for April, May or June.. But get ready for a special **CELEBRATE AROUND THE WORLD** event on March 10, the event is called **WOMEN GONE WILD IN CA** at 4390 Colfax, at Moorpark in Studio City. Speaker meeting, Auction and Dance. Don't miss it!!
The 8th Annual SFVCA Women's Luncheon Fundraiser Saturday, March 31, 2007, 11 am - 4 pm @ The Odyssey Restaurant Granada Hills, California

San Gabriel Pomona Valley (SGPVCA) EVENTS

Go to www.sgpvca.org
February 22-25, 2007 (Thursday - Sunday)
15th Annual SGPVCA Convention
Drop the Rock San Gabriel / Pomona Valley Area
Four Points Sheraton, Ventura
1050 Schooner Dr. Also, The February PSR Meeting will take Ventura, CA 93001 Place on Saturday @ 1:00 pm there.
March 10, 2007 (Saturday)
20 Year Anniversary of CA at 185 "And Thus We Grow" 185 Group of Foothill District
185 W. Altadena Dr. Altadena, CA 91001
6:00 PM to Midnight - Multiple Speakers, Skit, Historic Slide Show, Sponsor Tree and Dance

Orange County CA - (OCCA) EVENTS

4th STEP WORKSHOP on 2/17/2007 at 8:30 AM @ St. Kilian Catholic Church in Mission Viejo from 8:30 AM to approximately 3:00 PM. For more - David B. at 949.768.3791.
March 10, 2007; 6:00 PM to 11:00 PM
"CELEBRATE AROUND THE WORLD" festivities, which will include a Speaker, food @ our Potluck Dinner, Dancing on the dance floor, Commemorative T-shirts for sale, so come join us: WHERE: Norman P. Murray Community & Senior Center [Party Room]; 24932 Veteran's Way MISSION VIEJO, CA 92692

CALA - EVENTS

"A Valentines' Day Dance" by "Crackheads On A Mission"
Sat. Feb. 17, 2007 @ 2001 River Rd. from 8pm - 12am
"Celebrate Around The World" will be held on Sat. Mar. 3, 2624 W. Vernon Ave. Barbecue starting @ 1pm followed by Speaker Meeting & Dance
1st Quarter Area Unity Event **"3 in 1 Family Fun Night"**
Sat. Mar. 10, 2007 from 6:30pm - Midnight. Tickets \$10
2400 E. Carson St. (Lakewood)
"God May You Find Him, Now!" **8th Annual Mini-Marathon**
Sat. March 17, 2007 from 8am - 8pm.
@ 6306 S Normandie Ave
"CALA" presents the **"Bill W. and Dr. Bob Play"**
Sat. March 24, 2007 4117 Overland Ave. (Culver City).
Doors open @ 5:30pm. Show starts @ 7pm (sharp).
Tickets are \$20 in advance; \$25 at the door.