



## Hospitals & Institutions Committee

Presents

THE H&I EXPERIENCE

or

THE H&I MINUTE

**Get High on H&I**

**The H&I Experience**

The San Fernando Valley Cocaine Anonymous Hospitals and Institutions Committee will have speakers available for a special addition to your upcoming meeting

Attached is a list of active SFVCA H&I Members who will be available to speak at your last meeting of the month the week before the H&I Business meeting held on the First Monday of the month.

If you already have a speaker for that meeting, we would ask your indulgence that during that meeting, you give one of these H&I members an opportunity to share their personal experience, strength and hope about being an active H&I Member. They should only speak for 2-5 minutes

**Fact or Fallacy?:**

**85% of those involved with H&I Stay Clean and Sober for 2 years or more!**

**Participate in H&I and find out for yourself!**



**Hospitals & Institutions Committee**  
THE H&I EXPERIENCE or THE H&I MINUTE  
Available Speaker List for March, 2011

<b>Name</b>	<b>E-Mail</b>
Andy C	<a href="mailto:Andreachases@sbcglobal.net">Andreachases@sbcglobal.net</a>
Anthony J.	<a href="mailto:ajjr1967@gmail.com">ajjr1967@gmail.com</a>
Bradley Q.	<a href="mailto:thequickfix@roadrunner.com">thequickfix@roadrunner.com</a>
Carla S.	<a href="mailto:carlarocks@a1dps.com">carlarocks@a1dps.com</a>
Dina R.	<a href="mailto:dinarusso@sbcglobal.net">dinarusso@sbcglobal.net</a>
Eleanor (Moms)	<a href="mailto:angelmomsnow@yahoo.com">angelmomsnow@yahoo.com</a>
Frank S.	<a href="mailto:frankskinner@adelphia.net">frankskinner@adelphia.net</a>
Jessica N.	<a href="mailto:girlnesmith@me.com">girlnesmith@me.com</a>
John U.	<a href="mailto:johnurbach93out@yahoo.com">johnurbach93out@yahoo.com</a>
John W.	<a href="mailto:johnowhitakerjr@gmail.com">johnowhitakerjr@gmail.com</a>
Kurtis K.	<a href="mailto:kurtkerby@vne.com">kurtkerby@vne.com</a>
Liz K.	<a href="mailto:docliz@live.com">docliz@live.com</a>
Mandy S.	<a href="mailto:mandysag@juno.com">mandysag@juno.com</a>
Ron DeS.	<a href="mailto:rnrnstr@aol.com">rnrnstr@aol.com</a>