

### The Twelve Steps of Cocaine Anonymous

1. We admitted we were powerless over cocaine and all other mind-altering substances—that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

### The Twelve Traditions of Cocaine Anonymous

1. Our common welfare should come first; personal recovery depends upon C.A. unity.
2. For our group purpose there is but one ultimate authority -- a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for C.A. membership is a desire to stop using cocaine and all other mind-altering substances.
4. Each group should be autonomous except in matters affecting other groups or C.A. as a whole.
5. Each group has but one primary purpose—to carry its message to the addict who still suffers.
6. A C.A. group ought never endorse, finance, or lend the C.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
7. Every C.A. group ought to be fully self-supporting, declining outside contributions.
8. Cocaine Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. C.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Cocaine Anonymous has no opinion on outside issues; hence, the C.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, television and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

### What is Cocaine Anonymous?

“Cocaine Anonymous is a fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problem, and help others to recover from their addiction.”

The best way to reach someone is to speak to them on a common level. The members of C.A. are all recovering addicts who maintain their individual sobriety by working with others. We come from various social, ethnic, economic, and religious backgrounds, but what we have in common is addiction, and then recovery.

“The only requirement for membership is a desire to stop using cocaine and all other mind-altering substances.”

### PHONE NUMBERS

Name	Number

### ONE DAY AT A TIME

**Serenity Prayer**  
 God, Grant Us the Serenity  
 to Accept the Things We Cannot Change,  
 the Courage to Change the Things We Can,  
 and Wisdom to Know the Difference.

## Meeting Directory 2010 July, August, September



**SAN FERNANDO VALLEY  
 COCAINE ANONYMOUS**  
 P. O. BOX 18156  
 ENCINO, CA 91416-8156  
**(818) 760-8402**  
**www.sfvca.org**

A.S.C. meeting is held the 2<sup>nd</sup> Monday of the month 7 pm Orientation, 7:30 pm Business Meeting at: 6640 Van Nuys Blvd, Suite C, Van Nuys, CA (enter in the rear)

H&I meeting is held the 1<sup>st</sup> Monday of the month 7 pm Orientation, 7:30 pm Business Meeting at: 4390 Colfax Ave, North Hollywood, CA (in the church)

### Hot Line Phone Numbers

Los Angeles	(310) 216-4444
San Gabriel	(626) 447-2887
Pomona Valley	(909) 620-4324
West Inland Empire	(909) 997-3310
Inland Empire	(951) 359-3895
Orange County	(949) 650-1011
San Diego	(866) 242-2248
Central California	(805) 969-5178
Long Beach/Compton	(310) 866-0464
C.A. World Services	(310) 559-5833

**THIS DIRECTORY IS NOT TO BE  
 USED AS A MAILING LIST OR FOR  
 ANY FORM OF SOLICITATION OR  
 COMMERCIAL VENTURE**

**SUNDAY****MALIBU**

BAGELS BY THE BEACH (SS) 10:30 am  
 Malibu Canyon & PCH at Malibu Bluffs Park  
 Michael Landon Recreation Center

**NORTH HOLLYWOOD**

WE BE CLEAN (P,NS,H) 7:30 pm  
 6006 Laurel Canyon Blvd. @ Oxnard St.

**SUN VALLEY**

CANDLELIGHT 7:30 pm  
 AT THE TWILIGHT ZONE (SP/P)  
 8140 Sunland Blvd

**TARZANA**

THE BREAKFAST CLUB (SP,H) 9:30 am  
 18646 Oxnard @ Reseda (treatment center cafeteria)

**MONDAY****VAN NUYS**

A PLACE FOR US ALL (SP,P) 8:00 pm  
 17251 Sherman Way @ Louise (church)

**TUESDAY****PANORAMA CITY**

ESTUDIO DEL LIBRO GRANDE 8:00 pm  
 Y DE LOS 12 Y 12 (SPAN, SS)  
 8001 Ventura Canyon Ave.  
 Kaiser Hosp. Bldg S-1, 2<sup>nd</sup> Fl., Room W

**TARZANA**

OLDTIMER / NEWCOMER (P) 7:00 pm  
 19616 Ventura Blvd. (bowling alley, downstairs)

FROM THE NECK UP (SP,P) 7:30 pm  
 5658 Tampa Ave. @ Sober Souls Sober Living

**WEDNESDAY****STUDIO CITY**

LOVE & TOLERANCE (SP,P,NS) 8:00 pm  
 4390 Colfax Ave @ Moorpark (church)

**THURSDAY****BAKERSFIELD**

LOST & FOUND – (P) 7:00 pm  
 1510 McCray St. & Norris Rd. @ Norris Rd.

**NORTH HILLS**

TRUDGIN' IN RECOVERY (SP/P) 7:00 pm  
 15649 Chase St. (Sober Living)

**VAN NUYS**

GRATEFUL IN GRANADA 8:00 pm  
 17251 Sherman Way @ Louise entrance (Church)

LA ELECCION Y EL CAMBIO(SPAN,SP,P) 8:15 pm  
 6308 Woodman Ave., #209

**WESTLAKE VILLAGE**

THE C.A. MEETING (SP,P) 7:00pm  
 2630 Townsgate Rd.

**FRIDAY****BAKERSFIELD**

T.G.I.F. PARTICIPATION 7:00 pm  
 5500 Olive Drive @ Olive Drive Church Bldg.#3

**BURBANK**

TURNING POINT 8:00 pm  
 700 N. Glenoaks Blvd @ Church

**CANOGA PARK**

KINGPINS OF SOBRIETY - Candlelight 8:00 pm  
 (P,H,NS) @ 7552 Remmet St. & Saticoy

**FRIDAY (Con't)****NORTH HOLLYWOOD**

6006 Laurel Canyon Blvd @ Oxnard St.  
 T.G.I.F. (NS,H) 12 NOON  
 SISTERS IN SOBRIETY (WS,P,NS,H) 8:00 pm  
 WE CAN RECOVER (SP/P) 10:30 pm

**SATURDAY****NORTH HOLLYWOOD**

DESIGN FOR LIVING (BS,NS,H) 7:30 pm  
 6006 Laurel Canyon Blvd. @ Oxnard

7 Meetings at Your Fingertips!!

[www.ca-online.org](http://www.ca-online.org)

DOORS OPEN 24/7



In the spirit of Tradition Six,  
 are not allied with any sect,  
 denomination, organization, or  
 institution.

**UPCOMING EVENTS:**

**Aug. 5-7, 2010**

**Sycamore Cove Beach Campout,**  
 Malibu, CA

**Aug. 7, 2010**

**C.A.L.A.** \$8.80 Fundraiser & Bake Sale  
 1724E. Plymouth Ave. Long Beach 90805  
 8am-8pm

**Aug 26-29, 2010**

**26<sup>th</sup> Annual CALA Convention,** JW Marriot  
 Resort & Spa 74855 Country Club Dr, Palm  
 Desert, CA. 92260 Hotel rm. Rates are \$110/nite  
 For reservations call (888)538-9459 or  
 (800) 228-9290

**Sept.9-12, 2010**

**Big SUR-enity 2010 (registration closes Aug.9)**  
 Fernwood Campground, Big Sur, CA  
 (64 mi. N. of San Simeon & 26 mi. S. of Carmel  
 on PCH 1) (805) 969-5178 or info@cencalca.org

**Sept.25, 2010**

**5th Annual Men's Event & Gold Tournament**  
 Wilson & Harding Municipal Golf Course &  
 Clubhouse in Griffith Park –  
 4730 Crystal Springs Dr., Los Angeles, CA  
 Golf & Banquet or Banquet only – see GSR

**MEETING KEY**

BS	Book Study	MS	Men's Stag
SS	Step Study	WS	Women's
	Stag		
P	Participation	LP	Leader
SP	Speaker	TD	Topic Disc.
CL	Candlelight	NS	Non-Smoking

H	Handicap	SPAN	Spanish
G&L	Gay & Lesbian	N	Newcomer

**SFVCA Trusted Servants at:**

**[www.sfvca.org](http://www.sfvca.org)**

**Visit our Spanish site:**

**<http://spanish.sfvca.org>**

*\*Cocaine Anonymous is not affiliated with  
 any Facility used to hold our Meetings  
 and/or our events.*