



**SAN FERNANDO VALLEY
COCAINE ANONYMOUS**

P. O. BOX 18156
ENCINO, CA 91416-8156

(818) 760-8402

www.sfvca.org

A.S.C. meeting is held the 2nd Monday of the month
7 pm Orientation, 7:30 pm Business Meeting
6640 Van Nuys Blvd, Suite C, Van Nuys
(enter in the rear)

H&I meeting is held the 1st Monday of the month
7 pm Orientation, 7:30 pm Business Meeting
4390 Colfax Ave, North Hollywood
(in the church)

Hot Line Phone Numbers

Los Angeles	(310) 216-4444
San Gabriel	(626) 447-2887
Pomona Valley	(909) 620-4324
West Inland Empire	(909) 997-3310
Inland Empire	(951) 359-3895
Orange County	(949) 650-1011
San Diego	(866) 242-2248
Central California	(805) 969-5178
Long Beach/Compton	(310) 866-0464
C.A. World Services	(310) 559-5833

**THIS DIRECTORY IS NOT TO BE
USED AS A MAILING LIST OR
FOR ANY FORM OF SOLICITATION
OR COMMERCIAL VENTURE**

The Twelve Steps of Cocaine Anonymous

1. We admitted we were powerless over cocaine and all other mind-altering substances—that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

The Twelve Traditions of Cocaine Anonymous

1. Our common welfare should come first; personal recovery depends upon C.A. unity.
2. For our group purpose there is but one ultimate authority -- a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for C.A. membership is a desire to stop using cocaine and all other mind-altering substances.
4. Each group should be autonomous except in matters affecting other groups or C.A. as a whole.
5. Each group has but one primary purpose—to carry its message to the addict who still suffers.
6. A C.A. group ought never endorse, finance, or lend the C.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
7. Every C.A. group ought to be fully self-supporting, declining outside contributions.
8. Cocaine Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. C.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Cocaine Anonymous has no opinion on outside issues; hence, the C.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, television and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

What is Cocaine Anonymous?

“Cocaine Anonymous is a fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problem, and help others to recover from their addiction.”

The best way to reach someone is to speak to them on a common level. The members of C.A. are all recovering addicts who maintain their individual sobriety by working with others. We come from various social, ethnic, economic, and religious backgrounds, but what we have in common is addiction, and then recovery.

“The only requirement for membership is a desire to stop using cocaine and all other mind-altering substances.”

PHONE NUMBERS

Name	Number
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
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_____	_____
_____	_____
_____	_____

ONE DAY AT A TIME

Serenity Prayer

God, Grant Us the Serenity
to Accept the Things We Cannot Change,
the Courage to Change the Things We Can,
and Wisdom to Know the Difference.

SUNDAY**LANCASTER**

164 GROUP MEETING @ 44911 Yucca Ave
 OPEN PARTICIPATION (P) 12 NOON
 OPEN PARTICIPATION (P) 6:00 pm

MALIBU

BAGELS BY THE BEACH (SS) 10:30 am
 Malibu Canyon & PCH at Malibu Bluffs Park Michael
 Landon Recreation Center

NORTH HOLLYWOOD

WE BE CLEAN (P,NS,H) 7:30 pm
 6006 Laurel Canyon Blvd. @ Oxnard St.

SUN VALLEY

CANDLELIGHT 7:30 pm
 AT THE TWILIGHT ZONE (SP/P)
 8140 Sunland Blvd

TARZANA

THE BREAKFAST CLUB (SP,H) 9:30 am
 18646 Oxnard @ Reseda (treatment center cafeteria)

VAN NUYS

AYUDENOS ESTAR 7:00 pm
 DISPUESTOS (SPAN,NS,P)
 6640 Van Nuys Blvd, Suite C

MONDAY**CANOGA PARK**

EASIER SOFTER WAY (SS,NS,H) 7:00 pm
 7769 Topanga Canyon (church)

LANCASTER

164 GROUP 44911 Yucca Ave
 GROW OR GO (BS) 9:00 am
 OPEN PARTICIPATION 12 NOON
 MEN'S STAG 7:30 pm
 JACKMAN WOMEN'S STAG 7:30 pm
 304 Jackman Street

VAN NUYS

A PLACE FOR US ALL (SP,P) 8:00 pm
 17251 Sherman Way @ Louise (church)

TUESDAY**BAKERSFIELD**

BACK TO BASICS (P) 6:30 pm
 California Park – Vets Hall @ Gauge & California

TUESDAY (CON'T)**LANCASTER**

164 GROUP @ 44911 Yucca Ave
 BIG BOOK THUMPERS (BB) 9:00 am
 OPEN PARTICIPATION (P) 12 NOON
 OPEN PARTICIPATION (P) 7:30 pm

PANORAMA CITY

ESTUDIO DEL LIBRO GRANDE 8:00 pm
 Y DE LOS 12 Y 12 (SPAN, 12X12)
 8001 Ventura Canyon Ave.
 Kaiser Hosp. Bldg S-1, 2nd Fl., Room W

TARZANA

OLDTIMERS & NEWCOMERS (P) 7:00 pm
 19616 Ventura Blvd. (bowling alley, downstairs)

FROM THE NECK UP (SP,P) 7:30 pm
 5658 Tampa Ave. @ Sober Souls Sober Living

WEDNESDAY**LANCASTER**

164 GROUP @ 44911 Yucca Ave.
 RESTORE TO SANITY (BB Study) 9:00 am
 OPEN PARTICIPATION (P) 12 NOON
 12 X 12 (SS) 7:30 pm

VISION 3 REACHING OUT (P) 7:30 pm
 44745 Benald St.

NORTH HOLLYWOOD

ONE IS TOO MANY (SP) 8:00 pm
 7843 Lankershim Blvd. @ Valley Shelter

STUDIO CITY

LOVE & TOLERANCE (SP,P,NS) 8:00 pm
 4390 Colfax Ave @ Moorpark (church)

THURSDAY**BAKERSFIELD**

LOST & FOUND – (P) 7:00 pm
 1510 McCray St. & Norris Rd. @ Norris Rd.

THURSDAY(CON'T)**LANCASTER**

164 GROUP @ 44911 Yucca Ave
 BIG BOOK STUDY ON 11TH STEP 9:00 am
 PARTICIPATION 7:30 pm

A VISION FOR YOU (P) 12 NOON
 304 W. Jackman Ave.

SYLMAR

OVER THE LINE (SP/LP,NS,H) 7:30 pm
 13770 Sayre St.

VAN NUYS

GRATEFUL IN GRANADA 8:00 pm
 17251 Sherman Way @ Louise entrance (Church)

LA ELECCION Y EL CAMBIO (SPAN,SP,P) 8:00 pm
 14047 Burbank Blvd.

FRIDAY**BAKERSFIELD**

T.G.I.F. PARTICIPATION 7:00 pm
 5500 Olive Drive @ Olive Drive Church Bldg.#3

BURBANK

TURNING POINT 8:00 pm
 700 N. Glenoaks Blvd @ Church

CANOGA PARK

KINGPINS OF SOBRIETY - Candlelight 8:00 pm
 (P,H,NS) @ 7552 Remmet St. & Saticoy

LANCASTER

164 GROUP @ 44911 Yucca Ave
 AS BILL WROTE IT (BS) 9:00 am
 OPEN PARTICIPATION 12 NOON
 CANDLELIGHT PARTICIPATION 6:30 pm

EXPERIENCE RECOVERY 8:30 pm
 45422 Raysack (P)

NORTH HOLLYWOOD

6006 Laurel Canyon Blvd @ Oxnard St.
 T.G.I.F. (NS,H) 12 NOON
 SISTERS IN SOBRIETY (WS,P,NS,H) 8:00 pm
 WE CAN RECOVER (SP/P) 10:30 pm

SATURDAY**LANCASTER**

164 GROUP @ 44911 Yucca Ave
 NEWCOMERS PARTICIPATION 12 NOON
 CAN YOU HELP A SISTER OUT (P,WS) 2:00 PM
 SPEAKER MEETING 7:30 pm

NORTH HOLLYWOOD

DESIGN FOR LIVING (BS,NS,H) 7:30 pm
 6006 Laurel Canyon Blvd. @ Oxnard

UPCOMING EVENTS:

6th Annual SFVCA Holiday Fundraiser for H & I
 Saturday, December 1st, 2007 – 5pm to 9pm
 Saint Mark's Church – 14646 Sherman Way,
 Van Nuys, 1 Block west of Van Nuys Blvd.

HOLIDAY & NEW YEARS MARATHONS -

December 24th & 25th ~ December 31st &
 January 1st, 2008. Meetings held at the Valley
 School – 15700 Sherman Way, Van Nuys, CA

MEETING KEY

BS	Book Study	MS	Men's Stag
SS	Step Study	WS	Women's Stag
P	Participation	LP	Leader
SP	Speaker	TD	Topic Disc.
CL	Candlelight	NS	Non-Smoking
H	Handicap	SPAN	Spanish
G&L	Gay & Lesbian	N	Newcomer

SFVCA Trusted Servants at:

www.sfvca.org